

Playmakers
SPARTAN INVITATIONAL
SEPTEMBER 18TH 2009

As always, be sure to give Jimmy a high-five for good luck before we leave. We will depart around 12:15pm from the Jimmy Gerken Plaza. You're excused for 5th – 7th hours on Friday. Be sure to double check and see if you're missing assignments in class from your afternoon teachers.

Girls Nike Elite Race (All divisions) – 3:10pm

Varsity Runners: Lauren Grunewald
 Katie Samuelson
 Jessie Baloga
 Brianna Clifford
 Jill McLain
 Kat Stubbs
 Maddie Vaughn

Ranked teams in our division: Division 1 - #1 Rockford, #2 Saline, #4 Traverse City Central, #5 Pinckney, #6 Brighton, #7 Troy, #8 East Kentwood, #9 Livonia Churchill, #10 Grand Ledge, #HM Grosse Pointe South, Division 2 - #2T G.R. Christian, #2T Williamston, #4 FHE, #7 East Lansing, #8 DeWitt, Division 3 - #3 Allendale, **9 other teams**

Elite Race Awards: Top 3 teams and 30 individuals will receive Elite Race awards.

Things to bring: All equipment (double check that you have your uniform), pillow, blanket, extra socks, snacks / lunch, money for food or a t-shirt – they will be selling a variety of things at the meet. Bring some extra money because we'll stop to get something to eat afterwards. Forecast is 72 degrees and partly sunny – so it should be a great day to run.

Please make sure you all have a solid breakfast and lunch on Friday. It would also be a great idea to pack a snack or cooler for the ride there. We will be traveling in the school's Expedition so things will be a little tight. Don't go too overboard or else the ride could be uncomfortable.

Arrival Home: 7:00pm ?

Forest Akers East Course Records

Senior Record	2005	Erin Cvengros	20.10
Junior Record	2005	Nikki Brown	18.43
Sophomore Record	2005	Angela Zeqollari	23.42
Freshman Record	2006	Katie Samuelson	20.26

Directions: All spectators must park in commuter lot 89. I-96 East to I496 East (Exit 95) to Trowbridge Road exit. Turn right (south) at first traffic light, which is Harrison Road. Turn left (east) at third traffic light onto Mount Hope Road. Lot 89 will be on the left side, right before you reach Farm Lane.

Admission: \$7.00 adult / \$5.00 children. No dogs are allowed at the golf course and please pay attention to all tee's and greens at Forest Akers Golf Course.

Pack your bag tonight so you won't need to in the morning. Tomorrow is an exciting day so you'll need a good night's sleep. I'll have my cell phone (299-9706) during the day in case a parent or runner needs to get hold of someone.

"It's lack of faith that makes people afraid of meeting challenges, and I believed in myself."
-Muhammad Ali