

**Monday, October 23<sup>rd</sup> 2000**  
**O-K White Conference Meet**

**Hastings 2000 Records**

Senior Record	Katie Smith	22.40
Junior Record	Kim Humphries	20.44
Soph Record	Megan Smith	22.17
Frosh Record	Becky Dean	23.10

**Gutbuster of the Meet Award:**

Karen Smith

- o From placing last to third at conference in one season is a wonderful accomplishment. We had a great conference meet as a team. Our total of 88 points solidified our third place position. Lowell and FHC fought it out for the conference championship, with the Red Arrows narrowly winning 57 to 61. With FHC graduating 4 of their top 5 runners, our efforts are concentrated towards challenging the Red Arrows for the top position next year.

NAME	1 <sup>ST</sup> MILE	2 <sup>ND</sup> MILE	FINAL TIME	2000 P.R.	Varsity Pts	Top 10 Var Pts
Kim Humphries	6.13	13.02	20.44	20.22	10	130
Betsy Frayer	6.20	13.22	21.37	21.01	9	127
Megan Smith	6.45	14.08	22.17	21.59	8	79
Karen Smith	6.50	14.14	<b>22.26 - PR</b>	22.31	7	51
Katie Southwick	6.45	14.17	22.33	22.03	6	80
Katie Smith	6.45	14.17	22.40	22.10.0	5	75
Becky Dean	7.01	14.46	23.10	22.33	4	34
Jenny Lohner	6.45	14.20	23.25	22.22	3	64
Tally Haller	7.03	15.00	23.34	23.08	2	8
Kaitlin VanPatten	7.14	15.17	24.01	23.22	1	17
Stephi Kabat	7.02	15.17	24.36	21.57		44
Libby Stanton	7.25	16.13	26.01	23.35		15
Emily Rector	8.09	17.02	26.33	26.24		
Katie Brundage	8.21	17.29	27.11	25.08		
Ashley Moll	7.41	17.12	27.22	25.10.0		
Cathy Conroy	8.00	17.04	27.31	27.15		
Liz Gray	8.19	17.30	28.00.0	27.40.0		
Ann Mudie	8.19	17.30	28.01	26.21		
Irene Setchfield	8.31	18.47	29.24	28.48		
Alex Ankney	Sick			24.21		
Francie Kammeraad	Shin			22.54		23
Lauren Bye	Knee			24.30.0		
Lindsay Lohner	Ankle			24.24		8

**EGR**  
**3<sup>rd</sup> PLACE**

