

**Wednesday, September 20<sup>th</sup> 2000**  
**EGR vs. Northview @ Johnson Park**

**Johnson Park 2000 New Records**

Senior Record	Katie Smith	22.41
Junior Record	Kim Humphries	21.16
Soph Record	Katie Southwick	23.25
Frosh Record	Francie Kammeraad	22.54

**Gutbuster of the Meet Award:**

Betsy Frayer

- o Excellent work today ladies! The wet course was pretty sloppy, but we learned how to run in those conditions today. This may be helpful in our future races. Many people stepped up to score some points in the race and towards their varsity letter. The importance of having a deep team showed today with the various contributions on the team. We need to gear up for two big meets this week, Lowell Invitational and FH Northern. Practice strong, get your sleep, eat well, and encourage your teammates! It's our time to shine!

NAME	1 <sup>ST</sup> MILE	2 <sup>ND</sup> MILE	FINAL TIME	2000 P.R.	Varsity Pts	Total Var Pts
Kim Humphries	6.55	13.57	21.51	20.41	10	60
Betsy Frayer	7.07	14.31	22.37	21.11	9	53
Katie Southwick	7.36	15.10	23.30	23.00.0	8	26
Megan Smith	7.36	15.17	23.55	23.11	7	24
Karen Smith	7.52	15.39	24.11	22.58	6	17
Libby Stanton	7.49	15.54	24.37	23.38	5	8
Kaitlin VanPatten	7.50	15.52	<b>24.39 - PR</b>	24.51	4	4
Ashley Moll	7.56	16.15	25.15	25.10.0	3	3
Lindsay Lohner	7.51	16.16	25.29	24.24	2	8
Emily Rector	8.26	17.06	26.41	26.24	1	1
Katie Brundage	8.53	17.44	<b>26.59 - PR</b>	28.26		
Cathy Conroy	9.07	19.07	29.32	27.15		
Irene Setchfield	9.41	19.48	30.43	28.48		
Katie Smith	Rest			22.10.0		37
Jenny Lohner	Rest			22.11		34
Stephi Kabat	Rest			23.12		20
Becky Dean	Rest			24.11		
Lauren Bye	Knee			26.46		
Ann Mudie	Ankles			DNR		
Liz Gray	Knee			29.11		
Francie Kammeraad	Shins			22.54		23
Talitha Haller	Knee			DNR		
Alex Ankney	Shins			26.33		