

EGR vs FHC

October 10th 2001

MANHATTEN PARK

		1 Mile	2 Mile	Final Time	2001 PR	P CLASSIC	2000 PR	Top 10 Pts	Total Top 10
Laura Malnor	9	6.34	13.22	21.11	20.58	22.45		10	49
Betsy Frayer	12	6.34	13.22	21.22	20.34	23.50	21.32	9	92
Kim Humphries	12	6.39	13.55	21.27	20.36	22.17	20.39	8	88
Francie Kammeraad	10	6.42	14.05	22.36	21.39	24.41	22.54	7	60
Ashley Wolf	11	7.00	14.45	23.16	21.45	24.59		6	55
Ellen Foster	11	7.01	14.45	23.21	22.05	25.00		5	43
Libby Stanton	10	7.03	14.45	23.22	22.47	27.32	23.35	4	10
Talli Haller	10	7.03	14.46	23.23	22.19	25.47	23.08	3	14
Mary Thomson	10	6.55	14.42	23.27	21.40	25.19		2	46
Lauren Cunningham	9	7.11	15.09	23.56	23.31	28.15		1	1
Katie Southwick	11	7.10	15.14	24.17	22.53	25.17	21.28		13
Lauren Schreur	11	7.34	15.51	24.56	24.19	28.23			
Christine Kuizema	9	7.05	15.38	24.57	24.02	40.30			
Stephi Kabat	10	7.33	15.57	25.12	23.57	26.01	21.57		
Maggie Johnson	9	7.20	15.52	25.24	24.27	29.52			
Sheri Somerdyke	9	7.16	15.51	25.31	24.04	34.58			
Katie Christmann	9	7.35	16.16	25.59	24.41	28.34			
Ashley Moll	10	7.40	16.17	26.16	24.26	29.32	25.10		
Irene Setchfield	10	7.43	16.45	26.47	26.25	30.59	28.48		
Kathryn Gallagher	9	7.49	16.45	26.48	25.44	28.40			
Lindsay Lohner	11	7.47	16.50	26.57	25.25	29.48	24.24		
Liz Gray	12	8.07	18.20	29.45	26.04	29.36	27.40		
Sara Schwenneker	9	10.10	22.34	37.21	29.51	DNF			
Megan Smith	11	ankle			21.52	23.40	21.42		59
Becky Dean	10	quad			22.18	25.55	21.39		13
Meryl Chaffee	9	shins			23.04	30.40			4
Lauren Bye	10	quad			24.25	26.23	24.30		
Nicole Vesota	9	shins			26.17	29.51			
Amanda Holmes	9	shins			29.59	DNR			
Erin Buller	11	knee			27.36	33.12			
Alyssa Carlyle	9	ankle			22.25	25.35			5

MANHATTEN PARK COURSE RECORDS

Senior Record	2001	Betsy Frayer	21.22
Junior Record	2000	Kim Humphries	22.46
Sophomore Record	2001	Francie Kammeraad	22.36
Freshman Record	2001	Laura Malnor	21.11

EGR 28	FHC 29
Malnor 1	Casterton 3
Frayer 2	Flanders 5
Humph 4	Fry 6
Kammer 9	Donaldson 7
Wolf 12	Henderson 8

Gutbuster of the Meet

Laura Malnor
 Lauren Cunningham
 Lauren Schreur

What a fun meet! Great competition with a quality team!
 It was obvious our speed workouts are beginning to really help our times.
 After 10 days of workouts we're ready for the big meets of the season.
 Enjoy every minute of it girls --- you earned it!