

**LOWELL INVITATIONAL**  
**Lowell High School**

**September, 22nd 2001**

		1 Mile	2 Mile	Final Time	2001 PR	2000 PR	Top 10 Pts	Total Top 10
<b>Betsy Frayer</b>	<b>12</b>	6.21	13.18	21.05	20.42	20.59	10	63
<b>Kim Humphries</b>	<b>12</b>	6.33	13.31	21.15	21.13	20.22	9	62
<b>Megan Smith</b>	<b>11</b>	6.37	14.00.0	22.10.0	21.52	21.42	8	49
<b>Ashley Wolf</b>	<b>11</b>	6.38	14.16	22.12	22.11		7	39
<b>Mary Thomson</b>	<b>10</b>	6.38	14.00.0	22.15	22.05		6	31
<b>Francie Kammeraad</b>	<b>10</b>	6.40.0	14.04	22.26	22.04	22.54	5	37
<b>Ellen Foster</b>	<b>11</b>	6.39	14.20.0	22.28	22.05		4	31
<b>Talli Haller</b>	<b>10</b>	7.00.0	14.40.0	22.59	22.42	23.08	3	6
<b>Becky Dean</b>	<b>10</b>	7.00.0	14.40.0	23.06	22.40.0	21.39	2	7
<b>Meryl Chaffee</b>	<b>9</b>	7.00.0	14.37	<b>23.07 PR</b>	23.23		1	1
<b>Katie Southwick</b>	<b>11</b>	7.00.0	14.42	<b>23.10 PR</b>	23.30.0	21.28		12
<b>Libby Stanton</b>	<b>10</b>	7.00.0	14.42	23.28	23.27	23.35		3
<b>Christine Kuizema</b>	<b>9</b>	7.08	15.24	<b>24.02 PR</b>	25.27			
<b>Maggie Johnson</b>	<b>9</b>	7.25	15.40.0	<b>24.27 PR</b>	25.27			
<b>Lauren Cunningham</b>	<b>9</b>	7.20.0	15.50.0	24.32	24.09			
<b>Stephi Kabat</b>	<b>10</b>	7.20.0	15.46	24.44	23.57	21.57		
<b>Lauren Bye</b>	<b>10</b>	7.20.0	15.55	24.57	24.25	24.30.0		
<b>Sheri Somerdyke</b>	<b>9</b>	7.32	15.52	<b>24.59 PR</b>	25.52			
<b>Lauren Schreur</b>	<b>11</b>	7.40.0	16.25	25.44	25.34			
<b>Lindsay Lohner</b>	<b>11</b>	7.33	16.25	<b>25.51 PR</b>	26.08	24.24		
<b>Ashley Moll</b>	<b>10</b>	7.35	16.42	<b>26.08 PR</b>	26.48	25.10.0		
<b>Liz Gray</b>	<b>12</b>	7.43	16.42	<b>26.24 PR</b>	26.37	27.40.0		
<b>Irene Setchfield</b>	<b>10</b>	7.53	16.56	26.57	26.25			
<b>Nicole Vesota</b>	<b>9</b>	8.13	18.15	30.07	26.17			
<b>Amanda Holmes</b>	<b>9</b>	9.13	20.10.0	32.13	31.01			
<b>Sara Schwenneker</b>	<b>9</b>	9.13	20.10.0	<b>32.18 PR</b>	34.04			
<b>Erin Buller</b>	<b>11</b>	knee						
<b>Laura Malnor</b>	<b>9</b>	foot						39
<b>Tana Middleton</b>	<b>9</b>	shins						
<b>Alyssa Carlyle</b>	<b>9</b>	ankle						5
<b>Karen Smith</b>	<b>11</b>	knees						
<b>Kathryn Gallagher</b>	<b>9</b>	quad						
<b>Katie Christmann</b>	<b>9</b>	shins						

**LOWELL PARK COURSE RECORDS**

Senior Record	2001	<b>Betsy Frayer</b>	<b>21.05</b>
Junior Record	2000	Kim Humphries	20.46
Sophomore Record	2001	<b>Mary Thomson</b>	<b>22.15</b>
Freshman Record	2000	Stephi Kabat	22.31

Holland C	51
Sparta	75
<b>EGR</b>	<b>107</b>
S Christian	109
Caledonia	135
Allegan	138
Lakewood	157
Ionia	170
Chipp Hills	224
Cedar Spr	259
Rogers	332

**Gutbuster of the Meet**

Ashley Wolf  
 Excellent effort with tough competition.  
 Francie Kammeraad  
 Get used to this course because we'll be running here  
 Christine Kuizema  
 again -- to see who goes to state!!  
 Nice job ladies I'm very proud of your determination today!