

**Sparta Invitational
Sparta High School**

September 14th 2002

		1 Mile	2 Mile	Final Time	PR	Sparta Last Yr	Top 10 Pts	Total Top 10
Laura Malnor	10	5.32	11.35	18.15 - PR	18.34	dnr	10	60
Mary Thomson	11	6.08	12.55	20.35 - PR	21.09	22.05	9	54
Jessica Brenner	9	6.19	13.10	20.45 - PR	21.30	dnr	8	30
Jenny Lohner	11	6.49	13.54	21.42 - PR	22.16	dnr	7	44
Francie Kammeraad	11	6.50	13.54	21.52	21.39	22.04	6	13
Becky Dean	11	6.49	13.59	22.05	21.39	22.40	5	35
Meryl Chaffee	10	6.47	13.54	22.06 - PR	22.33	23.23	4	24
Alyssa Carlyle	10	6.30	13.52	22.10	22.10	22.25	3	35
Katie Southwick	12	7.04	14.35	22.43	21.28	23.30	2	15
Talli Haller	11	7.23	14.50	23.12	22.19	22.42	1	2
Christiane Stubbs	9	7.00	14.32	23.18 - PR	23.48	dnr		
Libby Stanton	11	7.03	14.40	23.25	22.47	23.27		
Lauren Schreur	12	7.23	15.03	23.40 - PR	24.16	25.34		
Lauren Cunningham	10	7.25	15.08	23.52	23.31	24.09		2
Kathryn Gallagher	10	7.25	15.16	24.02	23.59	25.44		
Stephi Kabat	11	7.23	15.17	24.16	21.57	23.57		
Lindsay Lohner	12	7.25	15.59	25.03	24.24	26.08		
Lauren Bye	11	7.40	16.01	25.28	24.25	24.25		
Ashley Moll	11	7.49	16.25	26.00	24.26	dnr		
Maggie Johnson	10	7.49	16.25	26.11	24.27	24.35		
Susan Wonch	10	7.49	16.25	26.12 - PR	26.55	dnr		
Karen Smith	12	surgery						
Ashley Wolf	12	rest						12
Tana Middleton	10	arch						

Sparta Park Course Records

Senior Record	2001	Betsy Frayer	20.42	GR Christian	76
Junior Record	2002	Mary Thomson	20.35	GR Catholic Central	94
Sophomore Record	2002	Laura Malnor	18.15	EGR	100
Freshman Record	2002	Jessica Brenner	20.45	Caledonia	101
				Sparta	107
				Ionia	114
				Chipp Hills	123
				Fruitport	189
				Unity Christian	209
				Cedar Springs	286
				Allegan	300

We improved as a team from last year, finishing 3rd compared to 5th

Some great PR's on a great course today!

If you weren't satisfied with your time, take a look and see how you prepared for this race today and learn from it.

Laura Malnor made history!!! Tied a 14 year old record, Heather Slay's all-time record is now shared with Laura Malnor!
Awesome race Laura, we're all very proud of your accomplishment!!!