

**EGR vs. Zeeland
Johnson Park**

October 2nd 2002

		1 Mile	2 Mile	Final Time	PR	Last John	Top 10 Pts	Total Top 10
Laura Malnor	10	5.58	12.16	19.29	18.15	19.28	10	100
Mary Thomson	11	6.29	13.31	21.12	20.35	21.40	9	90
Jessica Brenner	9	6.43	13.39	21.23	20.45	21.38	8	62
Francie Kammeraad	11	7.06	14.13	22.12	21.39	22.46	7	24
Meryl Chaffee	10	6.58	14.06	22.21	21.56	23.15	6	42
Jenny Lohner	11	7.09	14.18	22.31	21.42	22.22	5	56
Becky Dean	11	7.17	14.34	22.42	21.39	23.06	4	55
Libby Stanton	11	7.27	14.53	22.52	22.47	23.52	3	13
Lauren Schreur	12	7.21	14.43	23.01	22.22	23.50	2	7
Christiane Stubbs	9	7.19	14.39	23.05	21.57	24.31	1	11
Alyssa Carlyle	10	7.17	14.34	23.20	21.59	22.38		54
Talli Haller	11	7.23	14.47	23.37	22.10	23.51		6
Katie Southwick	12	7.22	15.23	24.09	21.28	24.02		22
Kathryn Gallagher	10	7.40	15.41	24.12	23.59	24.26		1
Stephi Kabat	11	7.35	15.41	24.25	21.57	25.15		
Lindsay Lohner	12	8.40	15.59	25.34	24.08	25.24		
Maggie Johnson	10	9.53	17.10	26.35	24.27	27.47		
Ashley Moll	11	9.53	17.19	27.13	24.26	27.43		
Susan Wonch	10	10.24	17.19	27.43	25.49	27.49		
Karen Smith	12	8.23	17.48	27.53	22.26	dnr		
Lauren Cunningham	10	shin						2
Ashley Wolf	12	legs						12
Tana Middleton	10	arch						
Lauren Bye	11	quad						

Johnson Park Course Records

Senior Record	2001	Kim Humphries	21.12	EGR - 23	Zeeland - 36
Junior Record	2000	Kim Humphries	20.46	Malnor - 1	Kiel - 2
Sophomore Record	2002	Laura Malnor	19.13	Thomson -3	Wiersma - 5
Freshman Record	2002	Laura Malnor	21.09	Brenner -4	Johnson - 6
				Kammeraad - 7	Gaiser - 11
				Chaffee - 8	Semple - 12

Gutbuster of the Meet

Francie Kammeraad
Becky Dean

Great effort today! We looked much stronger and prepared for our race against Zeeland!

It was a little sloppy and slower than usual at Johnson.

We had some great times, there were a few runners on the verge of a PR today, unbelievable!

Our group running needs to be tighter and we need to get ready to push the pace for the remainder of the season.

Keep working hard! 4-0 in the conference is something to be very proud of. Let's get ready for a great meet at Allegan.