

**Midwest Meet of Champions
Hilliard, Ohio**

September 11th 2004

		1 Mile	2 Mile	Final Time	PR	Top 10 Pts	Total Top 10
Nikki Brown	10	5.42	11.52	18.54	18.38	10	37
Laura Malnor	12	5.40	11.51	19.00	17.54	9	39
Raeanne Lohner	10	6.09	12.49	20.15	19.05	8	32
Erin Cvengros	11	6.25	13.20	21.18	20.59	7	28
Kristina Buschle	10	6.37	13.45	21.35	19.53	6	23
Christiane Stubbs	11	6.39	13.53	22.03	21.57	5	21
Lauren Cunningham	12	6.38	14.00	22.07	21.51	4	18
Jessica Brenner	11	6.45	14.09	22.31	19.25	3	8
Bianca Stubbs	10	6.48	14.21	22.45	20.16	2	7
Meryl Chaffee	12	6.54	14.40	23.09	21.20	1	5
Kathryn Gallagher	12	7.02	14.38	23.18	22.04		5
Courtney DeKorte	10	7.29	15.30	24.40 - PR	25.39		
Susan Wonch	12	7.29	15.30	24.42	23.01		
Hannah O'Brien	9	8.18	17.38	27.55 - PR	28.27		
Concy Ridenour	10	8.18	17.38	27.57	25.12		
Jessica Kane	9	9.49	20.32	32.27 - PR	33.46		
Alyssa Carlyle	12			femur	21.59		
Maggie Johnson	12			shins	24.26		

Midwest Meet of Champions Course Records

Senior Record	2004	Laura Malnor	19.00
Junior Record	2004	Erin Cvengros	21.18
Sophomore Record	2004	Nikki Brown	18.54
Freshman Record	2004	Hannah O'Brien	27.55

Gutbuster of the Meet

Raeanne Lohner
Kristina Buschle

What a great roadtrip! We had a chance to get out of Michigan and spend some quality time together for some serious team bonding.

It was nice experience to see where we stack up against some of the best teams in the Midwest. A 10th place finish is a great showing for our team and our school. You should be very proud of our accomplishment.

Nikki and Laura placed 8th and 11th to earn a medal in the Race of Champions -- nice work!!! While Jessica, Bianca, Meryl, and Kathryn earn their hardware in the Open Race!!!! Congratulations to all of you.

Courtney, Hannah, and Jessica put together another PR race this early in the season. Keep looking at your mile and 2 mile times to evaluate where you need to focus during your races. Keep working toward improving those times.

Our entire team should be very proud of this past weekend. We earned a trip to one of the most competitive meets in the Midwest and showed that we belonged. Our times are coming down consistently and in the next couple of weeks we'll begin our speedwork which is an exciting time of year.

We've got Cedar Springs at Cedar Springs this Wednesday and the Sparta Invitational on Saturday. Let's continue our commitment to improving and getting prepared for the meets. Lean on each other for support and guidance during tough times. Your teammates are the only one's that know firsthand what we ask from you as a member of our team.

Midwest Meet Results

Points

Clarkston	76
Bowling Green	83
Cinn St. Ursula	151
Goodrich	172
Lady Irish of Cathedral	173
Cinn Colerain	210
Turpin	229
Saline	232
Rockford	242
EGR	246
Milford	254
Monroe Jefferson	264
St. Joseph Academy	278
Hudson	296
Strongsville	321
Hilliard Davidson	336